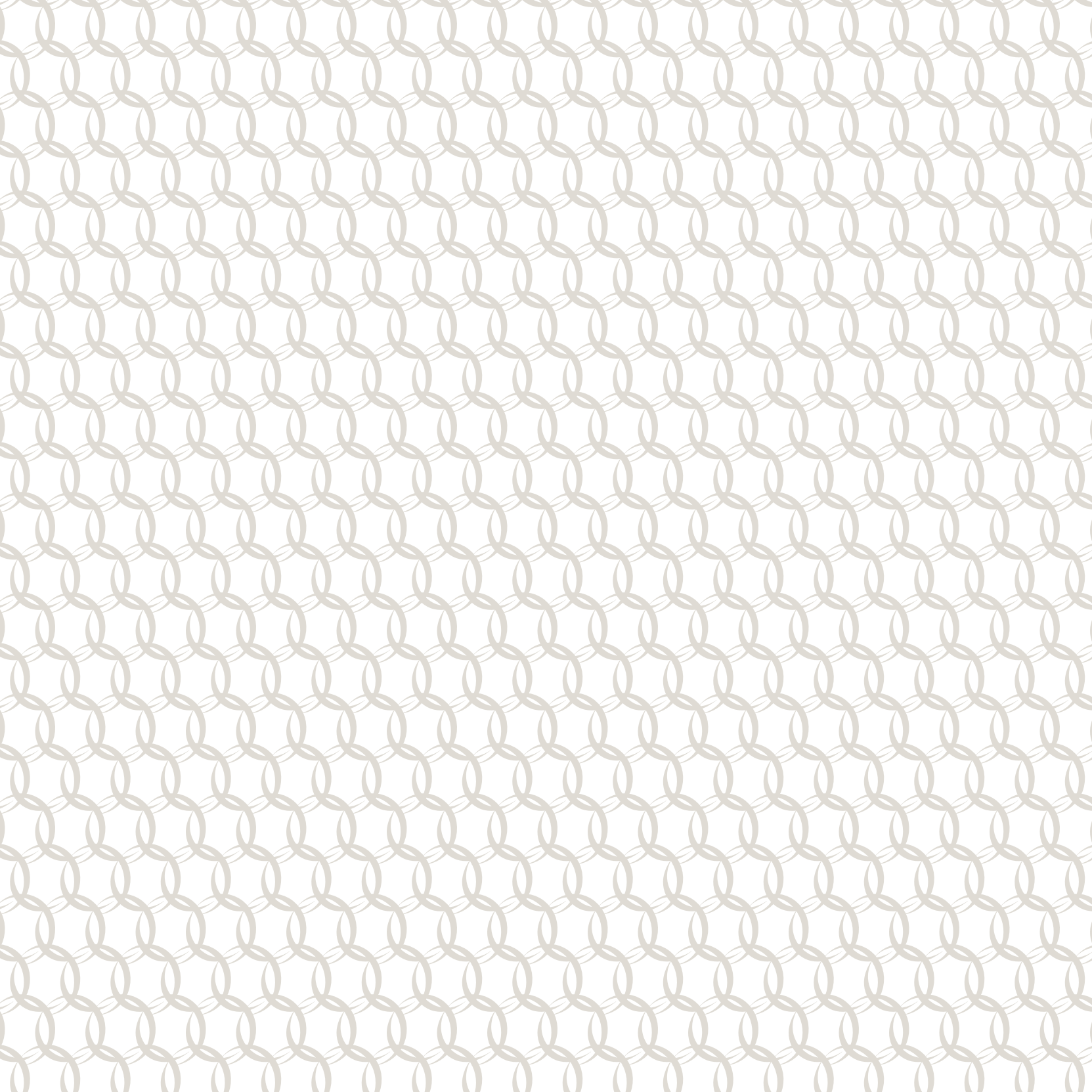


AUORA



AURORA

Offering health and beauty treatments, our spa typically provides services such as massages, facials, body treatments, and wellness programs promoting relaxation and well-being.

A haven for guests that are also looking for top-notch manicure, pedicure and haircare services in a sophisticated and tranquil environment.



ESPA

NATURAL BEAUTY
INNER CALM

ESPA RITUALS

MASSAGES

INNER CALM MASSAGE

60min | 90min

Quieten your mind, release tension and nourish your skin with this holistic, ultimately restorative experience. Personalized to your physical and emotional needs, carefully chosen aromatherapy blends relax, cleanse or energise, while advanced massage alleviates muscular pressure, soothes anxiety and invokes profound relaxation. Mind and body feel balanced, energy renewed and inner calm beautifully restored.

Key Elements: Breathwork, full body aromatherapy massage, scalp massage with Rose Quartz Crystals

Benefit: Deep sense of relaxation and well-being.

Recommended for: Everyone including pregnant women.

ESPA MINDFUL MASSAGE

90min

Soothe away stress and return body and mind to the present moment with this holistic and blissfully re-balancing experience. Unique in every way, guided breathing and visualization combine with deeply therapeutic massage to release physical and emotional anxieties, relax the mind and restore a positive spirit.

Key elements: Breathwork, massage to metamorphic zones of the feet,

full body massage, scalp massage with warm Rose Quartz Crystals

Benefit: Deep sense of relaxation and well-being.

Recommended for: Everyone including pregnant women.

ESPA WARMING DEEP MUSCLE MASSAGE

60min | 90min

Restore comfort, suppleness and movement with this intensely effective massage. Active stretching and specialized massage with expertly blended aromatherapy oils alleviate deep-seated tension in the neck, shoulders and back with instant and lasting effect.

Muscular pain is diminished, leaving you feeling stronger and more energized.

Key elements: Targeted massage, with hot stones, focusing on areas of concern

Benefit: Improved range of motion

Recommended for: Everyone except from those who have: Infectious diseases, Skin diseases

A close-up, vertical photograph of a woman lying down, her head tilted back. Her eyes are closed, and her face is relaxed. A light-colored, textured towel is draped over her head and shoulders. Two hands are visible, with fingers gently touching her forehead and cheeks, suggesting a facial massage or skincare treatment. The lighting is warm and soft, creating a serene and calming atmosphere. The background is blurred, focusing attention on the woman's face and the hands.

ESPA

NATURAL BEAUTY
INNER CALM

ESPA RITUALS

FACIAL TREATMENTS

BESPOKE NOURISH & HYDRATE FACIAL

30min | 60min | 90min

Active nutrient formulas, rich in vitamins, minerals, and antioxidants, deeply hydrate and revitalize your skin. Imagine a superfood smoothie for your face, leaving you with a dewy, radiant, and balanced complexion. Escape into tranquility and emerge feeling restored.

Suitable for the skin types | Deeply relaxing

ESPA BESPOKE NATURAL FACE LIFT

60min | 90min

Facial Treatment ESPA's Natural Face Lift Facial combines Kobido massage and facial workouts to lift, tone, and revitalize your skin. This invigorating treatment promotes a youthful appearance and inner balance while stimulating muscles and boosting elasticity. Ancient techniques with jade rollers enhance skin's resilience, leaving you radiant and confident.

Suitable for All Skin Types | Lift & Tone

ADD ONS

CRYO-GLOBES | 15min

FACIAL ANALYSIS CONSULTATION | 15min

GUA SHA SCULPT FACIAL MASSAGE | 15min

EYE MASK

ESPA RITUALS

BODY TREATMENTS

RESTORATIVE BACK RITUAL

60min

This treatment combines a body wrap and massage to restore equilibrium, peace of mind and bring deep relaxation to body and spirit.

Following body exfoliation, a Marine Algae or Mud Wrap is applied and your scalp gently massaged. Once you have taken a refreshing shower, a tailor-made aromatherapy massage takes place, leaving you feeling revitalized and with a renewed sense of well-being.

Choose from the following: Detoxifier, De-Stresser, Muscle Relaxer, Jet-Lag Reviver, Immune Booster, Energiser, Body Toner.

Treatment includes: Body exfoliation / Detoxifying Algae or Nourishing Marine Mud Wrap / Aromatherapy massage / Scalp massage

CONTOUR & FIRM TREATMENT

120min

A specialised body treatment that combines a detoxifying wrap and advanced body massage to tone and firm the skin. First of all, circulation is stimulated through body exfoliation using warm and iced mitts, a body wrap is then applied to address problem areas prone to cellulite, fluid retention and uneven skin texture. Lastly, a lymphatic drainage massage follows to help the body eliminate toxins, tone the skin and revitalise the mind.

A course of treatments is recommended to maximise the effects.

ESPA RITUALS

BODY TREATMENTS

PRE-NATAL RELAX & RESTORE

60min | 90min

Nurture your changing body and calm your mind with this beautifully comforting treatment. Personalised to your needs and stage of pregnancy, the purest, most gentle formulas smooth and nourish skin while expert massage soothes tight, tender muscles and invokes a state of blissful relaxation.

*Treatment includes: Back exfoliation (if required) –
ocussed body massage – scalp massage*

SALT AND OIL SCRUB

30min | 45min

This exceptional skin softening body exfoliation combines sea salts with essential oils to leave your skin nourished, smooth and supple. Perfect as a stand-alone treatment, or in preparation for an ESPA Massage.

For a lighter application Exfoliating Body Polish is applied instead of Salt & Oil Scrub.

Treatment includes: Skin brush / Salt and oil full body exfoliation

111SKIN
HARLEY ST. LONDON



111SKIN RITUALS

HOT STONE AROMATIC OIL EXPERIENCE

90min

This Hot Stone Massage combines the use of hot volcanic stones with a richly aromatic and beneficial oil from 111SKIN. These stones, created from liquid Lava, have the ability to store heat and channel it to the areas of the body that are being massaged. The heat from the stones relaxes the muscles, stimulates blood circulation, and promotes the healing process, whilst the oils deeply condition and nourish the skin with an array of carefully selected essential oils to stimulate the body and relax the mind.

Key elements: stone massage, the pressure is done in light, moderate or intense pressure with aromatic oils applied

Benefits: Offers deep relaxation, improves blood and oxygen circulation, fights stress, reduces muscle pains, relieves tension.

Recommended for: Everyone except those who have: Infectious diseases, skin diseases, burns and fresh wounds, recent operations, cardiovascular diseases (thrombosis, phlebitis, varicose veins). Care should also be taken in diabetics, as the cold/heat sensation is often disturbed, this also applies to severe neuropathy. Those with allergens to specific essential oils.

111SKIN RITUALS

FACIAL TREATMENTS

CELESTIAL BLACK DIAMOND FACIAL

90min

Best for dry and damaged skin with fine lines and wrinkles. The intensive Celestial Black Diamond Facial is most suitable for mature, dry and damaged skin, with lines and wrinkles. Anti-ageing actives work synergistically to alleviate, age spots and pigmentation.

This treatment minimizes:

Age spots, pigmentation, fine lines and wrinkles, dull skin, dry skin

Which are the benefits?

Illumination and brightness, tighter and firmer skin, more refined jawline, reduced naso lines, crow's feet and forehead lines, reduced puffiness and double chin

DE-PUFFING CRYO FACIAL

90min

REGENERATIVE, DEFINING, RESTORATIVE, DETOXIFIES

Designed to increase microcirculation in the skin, this treatment detoxifies and reduces puffiness whilst brightening through the increase of oxygen flow. The relaxing Cryo Globes massage and sculpt, caring for the skin three dimensionally and contouring the face for a refreshed glow.

REPARATIVE FACIAL

60min

SOOTHE, HYDRATE, RESTORE, FORTIFY, PROTECT

A high-performance facial formulated to calm and soothe damaged, inflamed, and irritated skin and strengthen the skin barrier. Originally created by Dr Yannis to accelerate the post-surgery healing processes, this facial epitomizes the best of 111SKIN's famed, surgically inspired skincare. Expect an immediate reduction of any dryness, dehydration, redness and sensitivity – for total skin confidence.

111SKIN RITUALS

FACIAL TREATMENTS

ROSE GOLD RADIANCE FACIAL

90min

A powerful facial combining illuminating properties with the most innovative soothing formulas to brighten the complexion. Sculpting the face using a three-level approach to facial massage – including our signature deep facial muscle massage techniques, Wrinkle Minimizing Wand and Rose Quartz crystals – this treatment is designed to relax the mind, whilst revealing a contoured and refined appearance. Formulas containing Colloidal Gold and Damask Rose Extract are soothing and brightening for a lustrous, event – ready glow.

THE GLASS SKIN FACIAL

90min

A transformative facial utilising 111SKIN's latest innovations in formulation and technology to attain the most sought-after 'glass skin complexion'. Gentle but deep and effective exfoliation to smooth and refine the skin is followed by ultrasonic infusion of brightening actives to enhance and illuminate. Signature massage tools and manual techniques are used to sculpt and articulate facial features, with bespoke master masking of the eyes, face, neck and décolletage applied to enhance the complexion even further. During masking, an exfoliating and brightening ultrasonic hand treatment allows illuminated gestures to match the face. Advanced actives and protocols within this treatment hydrate, refine and plump the skin, whilst enhancing the microbiome and skin barrier to create an evenly toned and reflective complexion.

ADD ONS

EYE MASK

FACE MASK

111SKIN RITUALS

BODY TREATMENTS

BLACK DIAMOND SCULPTING

60min

The ultimate anti-ageing body treatment delivers dramatic results from **111**skins intensive Collection to shape, smooth, and saturate the skin with nourishment. Following gentle exfoliation to smooth and refine, actively renewing formulas are applied with our massage techniques to lift, firm and deeply hydrate with a brightening anti-ageing effect on the body.

Treatment includes: Anti-ageing / Shape, smooth and saturate the skin with nourishment

ROSE RADIANCE

90min

A unique, decadent experience that cocoons the body and mind, this calming massage harnesses the healing powers of Rose Quartz Crystals to restore positive energy and infuse the skin with radiance. A combination of techniques utilizing the restorative and illuminating properties of rose and gold extracts to leave one with the most incredible glowing skin.

CRYO JET LAG RESTORE TREATMENT

60min

RECOVERY, RELEASE, RELAX

A recovery experience that targets the lower body and legs. This treatment is designed to release tension in the lower body. Muscle recovery is the focus, with our Cryotherapy Machine and deep tissue massage all geared towards relieving stiffness and swelling. Perfect treatment to restore tired legs.

TARGETED TREATMENTS | ADD ONS

Enhance your journey with our expertly designed treatments.

Our 45-minute treatments offer a luxurious, stand-alone experience, while the 30-minute options provide a targeted, rejuvenating add-on to complement your chosen service. Each treatment is enhanced with the use of aromatic oils by 111SKIN.

BACK AND SHOULDERS MASSAGE

30min | 45min

Our Back and Shoulders Massage is designed to release tension and promote relaxation. This soothing treatment combines expert techniques to target tight muscles, improve circulation, and relieve stress.

HEAD AND SCALP MASSAGE

30min | 45min

The goal of the head massage is to release the tension in the muscles of the head, neck and shoulders. It can also help to relieve fatigue, tiredness, insomnia and headaches.

FOOT AND LEG MASSAGE

30min | 45min

This treatment is the ideal solution for the tension that accumulates in the calves, feet and thighs. It balances the energy levels in the body and revitalizes the senses.



SPA PACKAGES

3-DAY EXPERIENCE

DAY 1

Salt & Oil Scrub (30min)

Body Wrap (30min)

DAY 2

Choice of massage (60min)

DAY 3

Bespoke Nourish & Hydrate Facial (30min)

5-DAY EXPERIENCE

DAY 1

Inner calm massage (60min)

DAY 2

Restorative Back Ritual (60min)

DAY 3

Reparative facial (60min)

DAY 4

Deep tissue (60min)

DAY 5

Black diamond sculpting (60min)



FITNESS & WELLNESS

Our fully equipped Fitness Center invites you to stay fit and refreshed during your vacation. Keep up with your regular fitness regimen or let our trainer assist you with choosing the program that best reflects your lifestyle.

PERSONAL TRAINING

Our on-site certified trainer is ready to provide private sessions (for individuals or couples), offer personalized guidance and motivate our guests to achieve their fitness and well-being objectives while traveling.

YOGA

It's time to roll out your yoga mat and discover the combination of physical and mental exercises. Yoga tones the whole-body including strength and flexibility. Reinforces the function of the heart, reduces stress and improves quality of sleep. The beauty of yoga is that you don't have to be a yogi or yogini to reap the benefits.
Yoga is for everyone.



TERMS & CONDITIONS

CONTACT

For bookings or further information, you may dial 1015
or email us at spa@sandblu.com.

APPOINTMENTS

We highly recommend booking your treatments in advance to ensure
that your preferred time and service are available.

SPA ARRIVAL

Please arrive at our spa at least 15 minutes prior to your
appointment, so that you can complete the required health
questionnaire in a relaxing manner. Late arrival might shorten your treatment
time in consideration of the next appointment.

AGE REQUIREMENT

Guests under the age of 18 are allowed with the requirement
of a parental consent.

SPECIAL CONSIDERATION

Should you have any allergies or other medical conditions,
it is crucial for us to be aware as these are contributing factors for us to
recommend the best treatment for you. In regard to pregnancy, you must be
at least 14 weeks pregnant to have treatments for health and safety reasons.

SPA ENVIRONMENT, HEALTH & HYGIENE

Please, respect other guests' rights to privacy and serenity.
Ensuring your mobile phone is turned off during your visit to the Spa
is highly appreciated. The consumption of alcohol and food as well
as smoking, are not permitted within premises.
Aurora Spa implements all necessary regulations
and guidelines for a safe and healthy environment.

TERMS & CONDITIONS

PERSONAL BELONGINGS AND VALUABLES

We recommend that you leave your valuables in the safe inside our guest room or lockers in the changing room. The Spa accepts no responsibility for loss of valuables and jewelry at any time on the spa premises.

LOCKERS CHANGING ROOM

Bathrobes, towels (face & bath), slippers, disposable underwear and headbands are provided to our guests for their up convenience.

HOME CARE AND PRODUCTS

To continue your spa regime at home, 111skin and Espa products used in the treatments are available to purchase. Your therapist will guide you in choosing the appropriate products for your needs and advise you for a result driven regime.

CANCELLATION POLICY

A 24 hours' cancellation notice will arise a 50% charge of the treatment booked. Cancellations made less than 24 hours' notice, will be subject to a fee equal to the rate of the treatment booked.

FITNESS CENTER

Offers 24-hour fitness and well-being. A certified trainer will be at your disposal for personalized guidance during the day.





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sandblu.com